

**Drowning in Debt?  
Reach Out!**



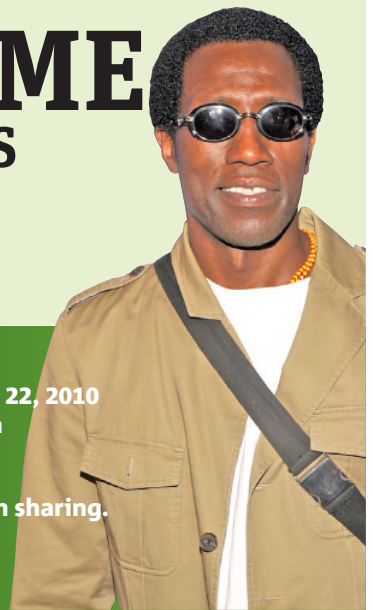
**WBI**  
INCORPORATED  
TRUSTEE IN BANKRUPTCY

902 482 2000 • 4debtrelief.com

**BRIDGE TOLL  
HEARINGS TO BEGIN  
HIKES WOULD PAY FOR  
REDECKING** (page 3)



**JAIL TIME  
SNIPES TURNS  
HIMSELF IN  
DISH** (page 10)



HALIFAX

**metro**

Monday, November 22, 2010  
www.metronews.ca



News worth sharing.



► Santa Claus waves to the crowd from his sleigh during the annual Light Up Bedford Parade last night.

RYAN TAPLIN/METRO

## Santa Claus comes to town

It was definitely feeling a lot like Christmas during last night's parade in Bedford with the temperature dropping well below the freezing mark. More chilly weather is on the way with today's high only expected to reach 2 C.

## Huskies can't beat Dinos

SMU season ends with another semifinal loss to Calgary (page 17)

## Should polygamy be protected?

Case to decide if laws conflict with charter (page 6)

# HRM faces 'funding gap' of \$13.9M

► Shortfall could grow if snow cleanup drains winter works budget ► Other budget risk is operating budget for Halifax 2011 Canada Games: Staff ► Municipal revenues expected to increase 2% this year, but expenditures expected to go up by 4%



JENNIFER TAPLIN  
@METRONWS.CA

There's a \$13.9-million "funding gap" in HRM's budget and council will decide what to do about it tomorrow.

Staff will present a budget update to the Committee of the Whole and the news isn't great: They need to find \$13.9 million for the 2011-12 budget and \$15.6 million in 2012-13.

Basically council has to trim services or find the money elsewhere, Mayor Peter Kelly explained yesterday.

"For us it's time to step back and look at how we conduct our business and is there a more cost-efficient way to provide the services?" he said. "Are we providing more than we can afford or what the public want?"

One slide in the staff presentation says: "We have hit the wall: Cut services or increase taxes."

HRM faced a \$35.5-million shortfall when it crafted this budget and made some cuts. But by the time some of



**"We have to look at our whole operation and see if there's a more efficient or better way to provide the service we provide."**

MAYOR PETER KELLY

those items (such as fee hikes and bus services) came forward to council for cutting approval, council balked.

"Once council decides what those service levels are going to be, no matter what they are, the more they don't adhere to it then the more cost pressures they bear to the operations," Kelly said.

The staff presentation shows \$13.9 million can be made up by the fall of 2011 from collecting \$3 million from efficiencies, \$3.5 million from continuing vacancy management of staff, and \$6.5 million from operating funding reductions.

**LASIK MD**  
Celebrating 20 years of LASIK  
LASER VISION CORRECTION

FREE Consultation: 1-866-999-0435 www.lasikmd.com

HALIFAX: 1801 Hollis Street, Suite 400

\* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. † Subject to Desjardins Card Services credit approval. Patients must reserve their procedure before January 15, 2011 and complete their surgery by February 28, 2011 in order to be eligible. Applicable to Advanced Custom Wavefront treatment on both eyes only. Cannot be combined with any other offer.

Starting at  
**\$490** /eye\*

All-Laser LASIK  
Available



Dr. Melanie Roy  
MD, FRCSC

Dr. Chris Jaakman  
MD, FRCSC

20th Anniversary Financing

**\$0** DOWN **\$0** PAYMENTS **0%** INTEREST

**LASIK NOW, PAY IN 2012!**

# Responsible Tiguan. Responsibly wild.

Well-equipped from \$27,875\*



Well-equipped from \$27,875\*

# Wild Tiguan. Responsibly wild.



**Hillcrest Volkswagen** 3154 Robie Street Halifax NS B3K 4P9 [sales@HillcrestVW.com](mailto:sales@HillcrestVW.com) **453-2790**

Please don't try this at home. We used the magic of computers to create this image. No irresponsible driving was involved.

© 2011 Volkswagen Canada. European model shown with features and options that may not be available at the time of purchase. \*Base MSRP of a new 2011 Tiguan 2.0 TSI Trendline base model with 6-speed manual transmission is \$27,875; excludes up to \$1,580 freight and PDI, license, insurance, registration, any dealer or other charges, options, and other applicable taxes. Dealer may sell for less. Dealer order/trade may be necessary. See [vw.ca](http://vw.ca) or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo and "Tiguan" are registered trademarks of Volkswagen AG. "Das Auto & Design" is a trademark of Volkswagen AG.



## Identity of crash victim not released

Police have yet to identify the man killed in a single-vehicle accident early Saturday morning in Dartmouth.

The driver in his mid-20s lost control and struck a power pole on Prince Albert Road near Sinclair Street around 1 a.m., according to police. The driver was pronounced dead at the scene. His identity is being withheld until next of kin is notified, police say.

Accident investigators spent several hours at the scene early Saturday, with Prince Albert Road closed between Sinclair and Hawthorne streets for several hours.

The cause of the crash is still under investigation.

● METRO

## Fire forces family from new home

It was a terrible start for a couple and two children moving Saturday night into a house containing two apartments in Amherst.

The family was among those forced out a few hours later by fire. Two out-of-town relatives helping them move also had to flee, as did the tenant of the second apartment in the two-storey home.

The Canadian Red Cross was helping all seven, providing emergency motel lodging and food for the balance of the weekend.

There were no injuries and the house was extensively damaged.

AMHERST DAILY NEWS

## Child porn charges for local man

A man who reportedly served time for sexual assault of children earlier this year was charged recently for having child pornography. Darrell James Smith, 32, was arrested on Friday after police searched his home on Frederick Avenue in Halifax. Police seized computer equipment from the home.

● METRO



For more news, visit [metronews.ca/halifax](http://metronews.ca/halifax)

# For what the bridge tolls?

► Hearings begin today on toll increase ► Bridge tolls may go up 33-1/3 per cent in early 2011 ► Buses and Access-A-Buses would be exempt

PHILIP CROUCHER/METRO



► Traffic crosses the MacDonald Bridge.



JENNIFER TAPLIN  
@METRONEWS.CA

A hearing starts today to decide if bridge tolls will be going up early next year.

Halifax Harbour Bridges (HHB) has a public hearing scheduled at the Nova Scotia Utility and Review Board beginning today. They want to raise the tolls from 75 cents to \$1 for motorists paying cash, and from 60 cents to 80 cents for MacPass users.

If the application is ap-

proved by the URAB, the new prices would take effect Feb. 1.

The increase will pay for redecking the MacDonald Bridge in 2014-16, which will cost at least \$137 million. Steve Snider, HHB general manager and CEO, said they don't want to borrow any more money to do it, and raising tolls makes more sense.

"We don't think we should borrow that much money," he said. "We haven't had a toll increase for automobiles since

**"We've had a lot of people say over the years, 'why don't you just change it to a loonie?' A number of people have said it would be more convenient than throwing in three quarters."**

STEVE SNIDER, GM AND CEO OF  
HALIFAX HARBOUR BRIDGES

1992 and we don't think it's fiscally responsible for

us to continue borrowing more money."

The commission currently owes \$54 million which would balloon to \$190 million if they borrowed to pay for the redecking, according to Snider.

The toll increase has nothing to do with encouraging people to get on the bus. A study released last week showed tolls would need to increase by 1,000 per cent during peak hours in order to make an impact. That's \$6 a crossing.

## Weather wreaks havoc on roads

Wind and snow caused more than a dozen accidents around the province over the weekend.

Police said icy road conditions caused a serious head-on collision on Highway 103 near Tantallon on Saturday night.

A truck, carrying two people, collided with a car

### Injuries

► No serious injuries were reported in any of the accidents around Nova Scotia, though several vehicles were badly damaged.

carrying four people.

The driver of the car was trapped in her vehicle and had to be extracted by fire officials.

The three other people were taken to hospital with serious but non life-threatening injuries.

A section of the highway was closed as crews salted the road and the crash was cleaned up.

In Cape Breton, snowplows and salt trucks were deployed over the weekend as the conditions worsened, but in a span of a couple of hours police responded to 17 separate motor vehicle accidents.

● METRO/WITH FILES FROM  
THE CAPE BRETON POST AND  
THE CANADIAN PRESS

# 1

  
news


News on the move

- 1 Download the free ScanLife application with your smartphone at [2dscan.com](http://2dscan.com)
- 2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro
- 3 The codes will direct your mobile browser to relevant content at [m.metronews.ca](http://m.metronews.ca)

On the web at [metronews.ca](http://metronews.ca)



**Market watchers get a bit of a breather as New York markets wind down ahead of U.S. Thanksgiving. More at [metronews.ca](http://metronews.ca)**

Follow us on Twitter  
@metrohalifax



German paper rejects claims reporters covering Iran stoning case are spies. Scan code for story.



# Dozens get taste of urban farm proposal

► **Capital Health VP: Urban farm could be incorporated into future hospital expansion**



ALEX BOULIER  
@METRONews.ca

Spray-painted on the boarded-up windows of the closed-down Queen Elizabeth High School is a question: "What's the big idea?"

In a conference room at the nearby Atlantica Hotel yesterday, about 100 people gathered to figure out an answer to that question.

Capital Health held the public consultation to get community feedback on how best to use the QEH land.

Demolition of the school building, which has sat vacant since 2007, is scheduled to begin in

December. The 2.5 acres of land is earmarked for a future expansion of the hospital.

But Capital Health has floated the idea that, in the intervening five years, the land should be used as an urban farm.

Area Coun. Jennifer Watts, who was on hand for the consultation, along with her downtown counterpart Dawn Sloane, said the farm could serve as a model for how to make use of the city's vacant lots.

"It's a wonderful opportunity to educate," agreed Brian Rankine, Capital Health's business development director.

"Hopefully it will encourage others to look at

## Next steps

► **Capital Health** will compile all feedback and present a report to the public on Dec. 1, from 5 to 7 p.m., at the RBC Theatre in the Halifax Infirmary.

land use. (Halifax does) have a lot of vacant land. Why don't we put it to use?"

Rankine said feedback on the urban farm idea has been overwhelmingly positive, with the exception of some staff who would prefer to see increased parking infrastructure near the hospital.

## Race. Court appearance



► Dartmouth's Glen Race is escorted out of Dartmouth provincial court on Friday.

ANDREW VAUGHAN/THE CANADIAN PRESS

## Prisoner sent for more testing

Glen Race, 29, who was extradited from the United States to face two murder charges here, has been sent for further psychiatric assessment. During a court hearing Friday, he was given a further 30 days of assessment and is due back in court Dec. 17. Race faces first-degree murder charges in the deaths of Michael Knott and Trevor Brewster.

# N.S. offers \$150K in 2006 case

The case of a young Nova Scotia woman whose remains were found two years ago in Cape Breton has been added to the province's Rewards for Major Unsolved Crimes program.

Brett Elizabeth MacKinnon of Glace Bay was last seen in early June 2006 and reported missing just over a month later, on Ju-

## Cash for arrests

The province's rewards program was launched in October 2006 and includes 62 unsolved cases.

ly 13.

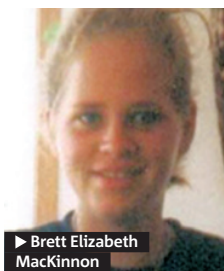
The 21-year-old's remains were found on Nov.

21, 2008, on the outskirts of Glace Bay in an area known for hiking and all-terrain vehicle trails.

Police are treating her death as a homicide.

The provincial Justice Department says it will offer a cash reward of up to \$150,000 for information leading to an arrest and conviction in the case.

THE CANADIAN PRESS



► Brett Elizabeth MacKinnon

# Neglected ticket sets couple for life

A Halifax couple almost didn't bother scratching a lottery ticket that will give them \$1,000 a week for the next 25 years.

A news release from the Atlantic Lottery Corp. says that Stuart and Valerie Dockerty are the latest winners of the Set for Life game.

The couple decided to

pick up a Set for Life ticket with their leftover change, and didn't scratch the ticket right away, throwing it in a junk drawer at home.

A few weeks later, Stuart came across the ticket and scratched one section to reveal they had won \$4.

He says he "almost didn't scratch the rest of the ticket." THE CANADIAN PRESS

**Sportsland**

Mondays at 7:00PM

EASTLINKtv

Channel 10 in HRM

# School's tip line designed to curb bullying

Students at an Antigonish high school have an innovative way to safely report bullying.

Dr. John. H. Gillis High School — with the help of Antigonish RCMP and Nova Scotia Crime Stoppers — has launched a new anti-bullying program.

The Eliminating Victimization Action Committee will use the bystander and

the anonymity of Crime Stoppers to help youth who are being bullied.

The Crime Stoppers number has been printed on the back of each student ID. When a student is being bullied or a student witnesses the victimization of another student, they can call the Crime Stoppers number to anonymously report it. NEW GLASGOW NEWS



# Bambi runs no more

► Laurie Bembenek dies aged 52 ►  
Efforts to clear name still ongoing

The prison escape of former Playboy Club bunny and Milwaukee police officer Laurie (Bambi) Bembenek popularized the phrase "Run Bambi Run" and seemed tailor-made for the TV movie it inspired.

But despite the fame garnered by her flight, Bembenek died having spent more than two decades insisting on her innocence, yet never fully clearing her name. Her attorney said yesterday those efforts will continue.

The 52-year-old died

Saturday of liver failure at a hospice care centre in Portland, Oregon.

Bembenek worked briefly as a Playboy Club waitress in Lake Geneva before becoming a police officer in Milwaukee. There she married detective Fred Schultz, and was later convicted in 1982 of fatally shooting his ex-wife, Christine Schultz. Bembenek was sentenced to life in prison but maintained her innocence. In 1990, she escaped Taycheedah Correctional Institution in



► Lawrencina Bembenek flanked by her layers in 1992.

Fond du Lac and fled to Canada with then-fiance Dominic Gugliatto.

Her story was made into a book and a 1993 TV

movie starring Tatum O'Neal, *Woman on Trial: The Lawrencina Bembenek Story*.

THE ASSOCIATED PRESS

## China. Mourning



► A woman holding a picture of her relatives, who were killed in a fire in an apartment building, walks through a crowd as they demand the truth in Shanghai, east China yesterday.

THE ASSOCIATED PRESS

## Shanghai fire tragedy

Tens of thousands of Chinese protested yesterday at the site of a high-rise fire that killed 58 people last Monday. Watched closely by police, those present asked for answers from their government. The blaze spread throughout the 28-storey building after sparks from welding equipment set nylon construction netting and bamboo scaffolding alight.

## Supreme Court to rule on sex case

A question now before the Supreme Court of Canada as to whether a person can give advance consent for sex could have some unforeseen implications for people with dementia or other disabling brain injuries.

The court is expected to rule in the next few months on whether an Ottawa woman voluntarily choked into unconsciousness before sex with her longtime partner could legally pre-consent or was in effect sexually assaulted.

The case is ringing alarm bells among advocates for the elderly and raising concerns among

### Consent

How do long-term partners deal with one person being incapacitated through ill-health?

► Lauren Colla, a social worker at Baycrest nursing home, said intimacy can take many forms — from holding hands to kissing and to, yes, sexual intercourse.

those who care for them.

"What they're looking at is can you say when I become unconscious, as in this case, could I have pre-consented to sex?" said Jane Meadus, a lawyer at the Advocacy Centre for the Elderly in Toronto.

THE CANADIAN PRESS

MONDAY, NOVEMBER 22  
**TODAY ONLY!**

LOWEST PRICE OF THE YEAR!

**\$34.99**

REG. \$70 AND \$75

Men's LEVI'S jeans

Styles 501, 505, 516 and 550.

**30% off**

All other men's LEVI'S fashions

Excludes jeans priced at \$95 or more.



Plus

**\$19.99**

REG. \$69.99

Women's EXPRESSION® nylon, puffer or canvas totes



THERE'S A MITTEN FOR EVERY HELPING HAND

Three dollars from every pair of Red Mittens sold goes directly to the Canadian Olympic Foundation, helping our athletes to achieve their Olympic dreams.

Pick up a pair for only \$10.

Be the first to know about our one-day offers. Sign up at [thebay.com](http://thebay.com) for e-mail updates or text THEBAY to 288288 to get mobile alerts. Standard message and data rates may apply.

Follow us on [twitter.com/thehudsonsbayco](http://twitter.com/thehudsonsbayco)

the **Bay**

Shop early. Don't be disappointed. No rain checks and no price adjustments. Offers available while quantities last. Selection will vary by store. Cannot be combined with any other offers. Savings are off our regular prices, unless otherwise specified. See in-store for details.



# Do polygamy laws violate freedom?

► B.C. court to review laws ► Bountiful case raised religious freedom questions

A B.C. court will start examining today whether Canada's polygamy laws are constitutional.

B.C. Supreme Court will hear a case that began in an obscure fundamentalist Mormon community in the province's southeast corner.

The provincial government asked the court to decide if the laws that prohibit polygamy violate the right to freedom of religion.

Last year, prosecutors in B.C. charged two leaders in Bountiful, B.C., with one count each of practising polygamy, but the charges were later thrown out.

The court is preparing to hear from more than two dozen witnesses, including former residents of Bountiful. **THE CANADIAN PRESS**

## Ripple effect

It's a case that observers say is destined to make its way to the Supreme Court of Canada.

► Vancouver-based constitutional lawyer Ronald Skolrood, who isn't connected to the case, says the outcome could have far-reaching effects on Canada's marriage laws and will likely be appealed to the Supreme Court of Canada.

► The provincial and federal governments argue polygamy harms women and children, and men don't have a constitutional right to marry multiple wives.

## New Zealand. Trapped miners



► Grieving family members leave after another briefing from Pike River Coal management on the 29 miners and contractors trapped underground at their Pike mine in Greymouth, New Zealand, yesterday.

ROSS SETFORD/NZPA/THE ASSOCIATED PRESS

## The face of uncertainty

Underground combustion that continues to generate dangerous gases was preventing rescuers from entering a New Zealand coal mine yesterday where a powerful blast trapped 29 workers nearly two days ago. Two men emerged after the explosion Friday, but there has been no word from the 29 others.

# Condom assertion not 'revolutionary'

The Vatican yesterday cautioned there is nothing "revolutionary" in Pope Benedict XVI's startling assertion that condom use in exceptional circumstances can be a responsible act in the fight against HIV.

The Holy See spokesman, the Rev. Federico Lombardi, stressed that the comment in a book being published tomorrow neither "reforms or changes" church teaching, which forbids use of condoms and other contraceptives. **THE ASSOCIATED PRESS**

**"The Pope isn't reforming or changing the teaching of the church, but reaffirming it, putting it in the context of the value and the dignity of human sexuality as expression of love and responsibility."**

VATICAN SPOKESMAN  
REV. FEDERICO LOMBARDI

## 4 dead in driving-ban defiance

A Saudi police official says a young woman in her 20s defying a driving ban died along with three female friends when her car overturned.

Officials said yesterday the woman was driving her four-wheel-drive vehi-

## Saudi Arabia

► Saudi Arabia follows a strict interpretation of Islam. Sexes are segregated in schools and public places. Women are not allowed to drive or vote.

cle carrying 10 of her female friends on Saturday night in an open area often used by young men in car races in the capital city of Riyadh. **THE ASSOCIATED PRESS**

## An Invitation to Nova Scotia's Special Communities.

THE  
LIEUTENANT  
GOVERNOR'S  
COMMUNITY  
SPIRIT  
AWARD

Annapolis Royal. Brookfield. Canso. Clare. Port Morien. Portland Estates & Hills. Sable River. Shearwater. South Mountain Arm of Gold. St. Andrews. Tatamagouche. All recipients of the Lieutenant Governor's Community Spirit Award.

Your community could be honoured in a similar way. We invite you to share stories about how your community makes a difference to your area and our province. Tell us about your community's unique strengths, its high degree of pride and citizen participation.

Download the entry form and submission details at [www.communityspiritaward.ca](http://www.communityspiritaward.ca). Yours could be one of four communities awarded in 2011 during a special event suited to your community. While visiting the website, check out the winning submissions from 2010.

We know Nova Scotia has plenty of amazing communities. We can't wait to hear from yours!

*Vibrant communities  
are a legacy that will  
benefit generations of  
Nova Scotians for  
years to come.*

*The Honourable  
Mayann Francis*

NOVA SCOTIA  
**POWER**  
An Emera Company



metro



## Couples needed for research study

We are looking for women (18 - 45 years) experiencing **vulvo-vaginal pain** and their partners (18 years or older) who:

- Have been cohabitating for at least 6 months
- Have Daily Internet Access

Women will undergo a gynaecological exam. Couples will then complete questionnaires at the IWK Health Centre as well as brief, web-based questionnaires daily, at home, for two months.

Compensation is \$116 per individual (\$232 per couple)



Université  
de Montréal

**For more information: 470-6532  
SexualPainStudy@gmail.com**

## FANAIR BASEMENT DEHUMIDIFIER

- Send Damp Air Outside
- Exhausts Directly Outside
- No Water to Empty
- No Drain Hose
- Reduces Basement Musty Smell, Mold and Mildew

• Cost Less to Operate Than a Dehumidifier (About 10¢ a day, less than a 50w lightbulb)

INTRODUCTORY PRICE

**\$299**

Start using your basement again!



**HALIFAX**  
751 Herring Cove Rd. Spryfield, NS  
P: 477-6500 • F: 479-0859  
Toll-Free: 1-800-922-8204

**DARTMOUTH**  
15 Wright Ave., Burnside Park  
P: 468-7772 • F: 468-0253  
Toll-Free: 1-866-711-7772

VISIT US ONLINE...[www.lumbermart.ca](http://www.lumbermart.ca)



## Statue, Poland



► Roman Catholic faithful attend the consecration of a giant statue of Jesus Christ in Swiebodzin, Poland.

PAWEŁ KALINOWSKI/THE ASSOCIATED PRESS

## Heavenly figure a huge mistake?

Local businesspeople in Swiebodzin, Poland, hope a monument, dubbed Christ the King, will attract tourists and pilgrims and give the area an economic boost. But some Poles accuse the priest who created it of megalomania and say its grandiosity violates Jesus Christ's spirit of humility.

# Emirates responds to skepticism

## ► 'Job creation' will result from Canadian landing rights: President

The United Arab Emirates' flagship airline wants to "set the record straight" after the federal government argued that tens of thousands of Canadian jobs were at risk if it granted more landing rights to airlines from the Middle-Eastern country.

Dubai-based Emirates is rejecting the claim that Government House leader John Baird made twice in the House of Commons on Friday.

"With regards to the potential for 'tens of thousands of jobs' losses, Emirates has difficulty in understanding this assertion," said airline president Tim Clark in a statement sent to The Canadian Press yesterday.

"We can assure the Canadian government that the increased presence of Emirates in Canada will only deliver favourable benefits to the Canadian economy and in particular to the travelling public."

The dispute over landing rights between Canada and the U.A.E. escalated into a financial, diplomatic and military headache for the governing Conservatives that eventually resulted in the Persian Gulf coast

country refusing to renew the lease of a critical Canadian military staging base near Dubai.

The Canadian Forces had been using Camp Mirage rent-free for the past nine years to get troops and equipment into Afghanistan. Moving to a new base is expected to cost Canadian taxpayers at least \$300 million.

The U.A.E. has also imposed visa restrictions on visiting Canadians since the flap over landing rights.

THE CANADIAN PRESS

### Facts on the fly

- An existing decade-old deal gives Emirates and Abu Dhabi-based Etihad Airways three flights each a week to Toronto.
- A source close to the negotiations had said the Emirates government was seeking daily flights for each airline to Toronto, Calgary and Vancouver.
- Canada came back with a counter offer, said the source, that actually reduced the current carrying capacity of the U.A.E. airlines.


## Ireland asks for bailout

After weeks of denying it needed a bailout, Ireland, yesterday, became the second European country to ask for a multibillion-euro emergency loan to help stabilize its debt-ridden banks.

Other eurozone countries and the European Central Bank had pushed Dublin to accept help after anxiety over Ireland's massive bank-bailout bill threatened to spill over to other shaky economies.

THE ASSOCIATED PRESS

### Market moment

<b>DOLLAR</b>	<b>Natural gas</b> 1,000 cu ft \$4.164 (+15.7¢)
	<b>Gold contracts</b> \$1,352.30 (-0.70¢)
+ 0.33¢ (98.23¢)	
<b>OIL</b>	<b>TSX</b>
	
- \$0.34 US (\$81.98)	+ 86.32 (12,956.33)

**NEED MONEY?**

✓ No credit checks  
✓ Fast approvals




Call 1-866-499-5629

**And get cash now!!**

www.mynextpay.com

# LONG DISTANCE

## Comwave Is Knocking Out The Competition With NEW LOWER RATES

 <b>CUBA</b> 89.9¢	 <b>INDIA</b> 2.9¢	 <b>PAKISTAN</b> 5.9¢	 <b>PHILIPPINES</b> 11.9¢
 Afghanistan...24.9¢	 Jamaica...8.9¢	 Saudi Arabia...9.9¢	
 Bangladesh...3.9¢	 Jordan...9.9¢	 Sri Lanka...9.9¢	
 Ecuador...9.9¢	 Lebanon...9.9¢	 Trinidad...4.9¢	
 El Salvador...9.9¢	 Libya...24.9¢	 U.A.E...14.9¢	
 Guyana...24.9¢	 Nepal...7.9¢	 Vietnam...4.9¢	
	 Romania...2.9¢		

If the country you call is not on this list or our advertised rates are higher than what you are currently paying... that's no problem. Call today and we'll beat what you're paying with your current provider... GUARANTEED!

## Make Long Distance and OverSeas Calls From your Home or Cell Phone



## UNLIMITED

Calling to

**CANADA**

Even from your Cell Phone!



**\$5** /month

## Call over 30 Countries



**NEW LOW RATE**

**ONLY 1.9¢ / MIN**

**1-866-519-8090**  
**comwave**  
www.comwave.ca

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. Rate guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. The Comwave Call over 30 Countries for 1.9 cents does not include calls to overseas mobile phones and it has a monthly fee of \$1.95. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paulo. Calls to Mexico on this bundle are to Mexico city and Monterey. Calls to Russia on this bundle are to Moscow and St. Petersburg. Calls to Overseas Mobile Phones may be billed at a higher rate. All Unlimited Plans do not include calls to the Yukon, Nunavut N.W.T., Alaska and Hawaii. Terms and conditions apply, see www.comwave.ca for details



# IS DEXTER GETTING HIS GROOVE BACK?

## Urban Compass

**STEPHEN KIMBER**



**Have Darrell Dexter's New Democrats finally, belatedly discovered their governing groove?**

**W**hen Nova Scotia's first democratic socialist government arrived at the governing starting gate in June 2009, they were already saddled with an embarrassment of their own making — how to renege, almost yesterday, on virtually every promise they'd made to get elected: A balanced budget, no new taxes, no program cuts, 24-hour ER services, a chicken in every pot...

Without passing Go, they stumbled into the grubby MLA expenses scandal. While that

mess was not solely of their own making, they bumbled its handling, miscalculating the seismic depths of public outrage and squandering what remained of public goodwill.

For much of the rest of its first year-and-a-half in office, Dexter's NDP has seemed unable to gain control of its own agenda.

Until recently.

Take last week, for example. Dexter began by piggybacking on a federal commitment of \$20 million for tidal power projects to tout what he calls the province's

coming role as "a world leader" in clean energy. By the end of the week, he'd inked a tentative \$6.2-billion deal with Newfoundland

to bring hydro power from the Lower Churchill River to the Maritimes and the U.S.

Meanwhile, his ministers were introducing far less flashy but crowd-pleasing measures to protect used car buyers from lemons and cyclists from drivers, and to belatedly hand

the auditor general the power he needs to muck about in government-business dealings.

Dexter's government even ap-

pears to have grabbed the "big decision" ball. This fall, it said yes to a controversial new convention centre, no to oil and gas exploration on George's Bank, no to online gambling, and yes to funding Lucentis to treat macular degeneration, the leading cause of blindness in people over 50.

Health Minister Maureen MacDonald, who also recently struck a deal to cut costs for generic versions of the anti-cholesterol drug Lipitor, framed her own announcement as "an important first step" in getting fairer drug prices for Nova Scotians.

As if there might actually be a plan...

Darrell Dexter's NDP is still a long way from proving it deserves a second mandate, but it has finally begun the climb back to where it began.

**"Dexter's government even appears to have grabbed the 'big decision' ball. This fall, it said yes to a controversial new convention centre, no to oil and gas exploration on George's Bank..."**

## Cartoon

**BOULDER OF SISYPHUS:**

MICHAEL DE ADDER  
dexter  
metro



# Equality: The tie that binds

## Letters & Tweets

*We asked: What's the secret to a successful marriage?*

**TORONTO.** Equality (or the closest thing to it) through compromise. Relationships divided on the traditional lines of gender, income or social status will almost always put one partner at a disadvantage. To attain equality, decisions within the marriage should be discussed with an open mind and a willingness to change views.

**DION DALEY**

**TORONTO.** The secret is to not judge your partner. Always show you are loyal to them and support

## Any advice for William and Kate?



them. And, the most common phrase, never go to bed angry. Always solve your issues as they come. Letting them fester can cause frustration and resentment, which will lead to arguments that can cause strain in the relationship. Always being positive around your partner helps both to relax and not let small prob-

lems get in the way.

**AMANPREET ATWAL**

**TORONTO.** Love, trust, respect. For better or for worse, there's no material equivalence.

**FLORDELIZA DE CASTRO**

**TORONTO.** Commitment, honesty and responsibility will lead to a successful marriage. **HALIME CELIK**

**What's on your Christmas wish list?**

**Email**  
halifaxletters  
@metronews.ca  
**Twitter**  
@metrohalifax

Metro has the right to edit letters and submissions.

**metro**

**METRO HALIFAX** • 3260 Barrington St., Unit 102, Halifax NS, B3K 0B5 • T: 902-444-4444 • Fax: 902-422-5610  
Advertising: 902-421-5824 • halifax\_advertising@metronews.ca  
• halifax\_distribution@metronews.ca

**Publisher** Greg Lutes, **Managing Editor** Philip Croucher, **Sales Manager** Dianne Curran, **Distribution Manager** April Doucette

**METRO CANADA:** Group Publisher Bill McDonald, Editor-in-Chief Charlotte Empey, Deputy National Editor Fernando Carneiro, Associate Managing Editor Tarin Elbert, Scene/Life Editor Dean Lisk, Asst Managing Editor Amber Shortt, Art Director Laila Hakim, Nat'l Sales Director Peter Bartrem, Interactive/Marketing Director Jodi Brown

## Metro Minute at Discovery Centre

We can't live without it, so why not learn as much as you can about H2O.

There is a permanent exhibit at Discovery Centre titled *Water and Our World*, illustrating the importance of water conservation and steps people can take to conserve water and save money.

The exhibit is interactive and focuses on how

Halifax sources, treats, distributes, collects and re-treats our water.

Discovery Centre at 1593 Barrington St. is open Monday through Saturday from 10 a.m. to 5 p.m. and Sunday from 1 p.m. to 5 p.m. Admission fees range between \$6 (for children over two years old) and \$8.50 (for adults).

● METRO HALIFAX



► *Water and Our World* at Discovery Centre illustrates the importance of water conservation.

CONTRIBUTED





► Cher stars with Christina Aguilera in *Burlesque*.

# Cher back on top

► With a successful residency in Vegas and a new album in the works, Cher isn't slowing down ► New movie, *Burlesque*, debuts this month

**NED EHRBAR**  
SCENE@METRONWS.CA

After more than 45 years in the entertainment industry as a singer, actress and cultural icon, Cher has plenty to celebrate.

But is there anything she regrets not doing? "Marlon Brando," she says before bursting out laughing. She explains that she did meet with the legendary actor once. "I re-

gret not... meeting him more," she explains. "It was great. We had the best time. But I was trying to make my marriage work — it didn't work anyway."

After a farewell tour that went on for three years, a successful residency in Las Vegas and a new album in the works for 2011, it's clear Cher isn't going anywhere — especially with her return to the big screen, *Burlesque*,

**"I don't think I'm going any place yet. They're going to have to carry me out feet first."**

CHER

debuting this month.

As something of an elder stateswoman in the world of pop, Cher has a few opinions about how the cultural landscape has changed. "When Sonny and I first

came out, I had a clothing line right away," she says. "But now it's a different thing. You sing one song and you've got a perfume."

While she admits she doesn't see much more film work in her future, Cher enjoyed getting into her character for *Burlesque*, the owner and headliner of a nightclub on the Sunset Strip in Hollywood, noting that she and her on-screen alter

## Eternal diva

► Even after more than four decades in showbiz, Cher is not going anywhere.

► The American recording artist and actress says she wished she saw more of another cultural icon, Marlon Brando.

ego have a lot in common.

"She's getting older and so am I. The difference is that she's moving over so that someone else can take her place, and I'm not really ready to do that."

# 2

  
scene

## Harry Potter



Harry Potter is on the way to his biggest magic act yet. Harry Potter and the Deathly Hallows: Part 1 conjured up \$61.2 million domestically in its first day.  
THE ASSOCIATED PRESS



Scan this code or visit [metronews.ca/scene](http://metronews.ca/scene) for complete coverage of last night's American Music Awards.

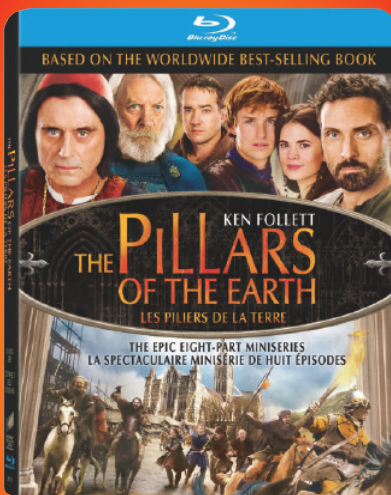
YOU COULD **WIN A \$200 STAPLES CANADA GIFT CARD!**



YOU COULD ALSO ENTER TO WIN A COMPUTER LAB MAKEOVER THROUGH STAPLES CANADA'S RECYCLE FOR EDUCATION CONTEST!  
[www.staples.ca/recycleforeducation](http://www.staples.ca/recycleforeducation)



To register and for full contest details visit [clubmetro.com](http://clubmetro.com)



YOU COULD WIN A COPY OF THE PILLARS OF THE EARTH SET ON BLU-RAY!  
Buy it on Blu-ray™ & DVD  
November 23rd

© 2010 Layout and Design, Sony Pictures Home Entertainment. All Rights Reserved.  
To register and for full contest details visit [clubmetro.com](http://clubmetro.com)



NOW PLAYING

YOU COULD WIN A PAIR OF RUN OF ENGAGEMENT PASSES TO SEE

**Harry Potter**  
11.19



To register and for full contest details visit [clubmetro.com](http://clubmetro.com)



# Lohan gets axed from new movie

► The troubled young star will no longer be playing adult film star Linda Lovelace in the film *Inferno*

The next acting job Lindsay Lohan was relying on has gone away.

Inferno director Matthew Wilder tells E! News that the troubled starlet will no longer be playing adult film star Linda Lovelace in his movie.

"We have stuck by Lindsay very patiently for a long time with a lot of love and support," Wilder says.

"Ultimately, the impos-

sibility of insuring her — and some other issues — have made it impossible for us to go forward."

A rep for Lohan says the decision was "mutual" and that Lohan is "concentrating on her recovery."

Actress Malin Akerman has reportedly already stepped in to take the role, according to Deadline Hollywood.

● METRO



ALL PHOTOS: GETTY IMAGES

## Aguilera opens up

Christina Aguilera has kept pretty quiet about her separation from husband Jordan Bratman, but she opened up about it with talk-show host Chelsea Handler.

"I'm doing really good.

Sometimes change is good," Aguilera says.

"I'm entering a whole different chapter of my life now with the movie and my son and being a mother and the next evolution of my life." ● METRO



► Christina Aguilera



► Chris Brown

## Brown impresses

During a probation progress report for Chris Brown's assault conviction — from clashing Rihanna in 2009 — the judge was

impressed with the singer, saying of Brown, "No one has done a more consistent job than you have."

● METRO

## Tony Parker goes on the defence in split with Longoria



► Eva Longoria

Tony Parker continues to deny allegations of infidelity during his marriage to Eva Longoria.

Parker, however, has reportedly filed his own divorce petition against the Desperate Housewives actress, according to TMZ.

The filing reportedly claims that the couple's marriage has become "insupportable because of discord or conflict of personalities between Peti-

tioner and Respondent that destroys the legitimate ends of the marriage relationships and prevents any reasonable expectation of reconciliation."

Longoria had already beat Parker to it, filing for divorce last week and causing quite a media stir.

● METRO

### Celebrity tweets



**Taylor Swift**  
[@taylorswift13]

Just went shopping at a Japanese dept and found the biggest journal/stationery section over!!!! It was like heaven. Well, for me.



**Diablo Cody**  
[@diablocody]

I was so busy making cooler-than-thou jokes about Taylor Swift that I didn't notice my index finger buying every one of her new songs



**Kelly Osbourne**  
[@MissKellyO]

between the dog licking its fanny all night long and my mums snoring i have the worst nights sleep ever!!!!!!

### Talking points

#### Snipes heads to jail for three years

**TAX EVASION.** After years of fighting his tax evasion conviction, Wesley Snipes has turned himself into authorities to begin serving his three-year prison sentence, according to TMZ.

Snipes was taken into custody by federal authorities over the weekend after a judge revoked his bail and ordered the actor to surrender himself. ● METRO



Be inspired by  
**Homes**  
FOR THE HOLIDAYS

Visit beautiful historic homes professionally decorated in Christmas splendor. Be inspired this holiday season.

A holiday house tour brought to you by  
**JUNIOR LEAGUE OF HALIFAX**  
Women building better communities®

metro

E100  
today's best music

FUSION  
PRINT+IMAGING

**\$13 in advance, \$15 at door • Nov 26-28**  
**JuniorLeagueofHalifax.org**



[illegible]



# Easy gluten-free loaf

THE CANADIAN PRESS



► This cranberry-almond loaf is gluten-free.

## Ingredients:

- 175 ml (3/4 cup) creamy roasted almond butter, room temperature
- 30 ml (2 tbsp) olive oil
- 3 large eggs
- 50 ml (1/4 cup) arrowroot powder
- 5 ml (1 tsp) salt
- 1 ml (1/4 tsp) baking soda
- 50 ml (1/4 cup) dried apricots, chopped into 5 mm (1/4 inch) pieces
- 125 (1/2) cup dried cranberries
- 50 ml (1/4 cup) sesame seeds
- 50 ml (1/4 cup) sunflower seeds
- 50 ml (1/4 cup) pumpkin seeds
- 50 ml (1/4 cup) sliced almonds, plus 30 ml (2 tbsp) to sprinkle on top

## Preparation:

- 1** In a large bowl, blend almond butter, olive oil and eggs until smooth.
- 2** In a medium bowl, combine arrowroot powder, salt and baking soda. Blend arrowroot mixture into wet ingredients until thoroughly combined. Fold in apricots, cranberries, seeds and sliced almonds.
- 3** Grease a 1.5-l (3 1/2-by-7 1/2-by-2 1/4-inch) loaf pan with olive oil and dust with almond flour. Pour batter into loaf pan and sprinkle remaining sliced almonds on top.
- 4** Bake in a 180 C (350 F) oven for 40 to 50 minutes or until a knife inserted into centre comes out clean. Let bread cool in pan for 1 hour.
- 5** Store in cool place until ready to serve. Makes one loaf.

## Avocado blueberry salad



► This avocado blueberry salad makes for a light lunch.

## Ingredients:

- 4 small avocados
- 30 ml (2 tbsp) lime juice
- pinch salt
- 300 ml (1 1/4 cup) frozen wild blueberries
- 250 ml (1 cup) 1 per cent cottage cheese
- 5 ml (1 tsp) honey
- pinch cayenne pepper (optional)
- 250 ml (1 cup) alfalfa sprouts

## Preparation:

- 1** Cut avocados in half and remove pits and peel. Slice thinly.
- 2** Arrange slices on large plate. Drizzle with lime juice and sprinkle salt.
- 3** In a bowl, combine wild blueberries, cottage cheese and honey. Add cayenne, if using. Dollop over avocado slices and top with sprouts before serving.

FREE  
CONCERT!

PIANO'S NEW LEADING MAN

# MOCCIO

COMPOSER/CO-WRITER OF CANADA'S 2010 OLYMPIC THEME SONG "I BELIEVE"  
and CELINE DION'S "A NEW DAY HAS COME"

## TOMORROW!

### 6PM & 8PM

THE MUSIC ROOM - 6181 LADY HAMMOND ROAD

TO CELEBRATE HIS TOP 10 CANADIAN ALBUM DEBUT **COLOR**

WE INVITE YOU TO

## MOCCIO's SOLO PIANO CONCERT

### FREE CONCERT

Tickets available at the door. Seating is limited

for more information  
[www.stephanmoccio.com](http://www.stephanmoccio.com)check out moccio's piano contest  
at [showusyourcolor.com](http://showusyourcolor.com)BIJOU  
RECORDS

available now at stores everywhere



# Warding off a cocoa crisis

► Chocolate could be as rare and expensive as caviar in 20 years, experts say ► But principles of fair trade and technology could prevent a global chocolate crisis



CÉLIA PEDROSO  
METRO WORLD NEWS

The disturbing news spread like wildfire in forums and Web sites across the Internet: chocolate could be extremely rare and pricey in 20 years' time, experts claim.

This news is sure to frighten candy lovers and the general public the world over.

Despite this, the World Cocoa Foundation (WCF), a leading industry group in promoting sustainable cocoa farming, doesn't believe that prediction has to become reality and is helping farmers, in partnership with businesses, govern-

ments and research institutes, with the tools they need to succeed.

The startling revelation about chocolate gathered strength just last week when John Mason, founder of the Ghana-based Nature Conservation Research Council, told British newspaper the Independent that shortages in production in Africa — which produces around 70 per cent of world's cocoa — will have worrying consequences.

However, Bill Guyton, the president of the WCF, is more optimistic. "While we understand the research da-



► Tetejay Sesay is part of the Selbehill Cocoa Farmers' Association in Liberia.

ta indicating that cocoa could become a rarity in 20 years time, the WCF does not believe that prediction has to become reality."

But in order to meet the growing demand for chocolate products, farmers must get better conditions, says Guyton.

## SOME BRIGHT IDEAS

Queen of Green

LINDSAY COULTER

SEND YOUR QUESTIONS TO  
QUEENOFGREEN@METRONWS.CA  
DAVIDSUZUKI.ORG/BLOGS/  
QUEEN-OF-GREEN



**Question: I'm considering switching to LED holiday lights to decorate my house this year. If I decide to switch, what do I do with the old tangled string of lights?**

Chris of Vancouver

Making the switch to more energy-efficient LED (light-emitting diode) holiday lights is an excellent tradition to establish this year.

LEDs use 90 per cent less energy, last 10 times

longer, and are more durable because they don't have filaments or glass bulbs like traditional lights. Where they don't differ much is in the price. You might also want to purchase a timer to save even more money on your utility bill.

As for recycling that old string of lights, you have a few options. Most regional recycling facilities can help. Find out what you can recycle in your area by contacting the BC Recycling Council at 1-800-667-4321. In 2009, for example, BC Hydro set up an incandescent light-string recycling program in the Lower Mainland during the Bright Nights in Stanley Park sea-

sonal event.

No matter where you live, you can visit the website of your utility provider to see if it is hosting a similar local event.

Various retailers, such as Home Depot, have also hosted holiday light exchanges in the past. Find out if your local hardware store is collecting old strings. Some stores will even reward your recycling and energy-saving efforts by offering discounts on LED options.

Holiday LEDs is an e-commerce company that offers a program to recycle your lights. It's free, but you will have to pay to ship the lights to Michigan. Consider getting together with friends or family and put together one parcel. In 2009/2010 Holiday LEDs recycled about 4,500 kilograms of old lights. Find the company online at HolidayLEDs.com or visit its Facebook page.



David  
Suzuki  
Foundation

EAT, DRINK AND BE MERRY, FOR ALL THE RIGHT REASONS

MARITIMES & NORTHEAST PIPELINE PRESENTS

20th Anniversary

## NUTCRACKER LUNCHEON



A holiday event in support of Phoenix and Symphony Nova Scotia

Tuesday, December 7, 2010 · 11:45am - 1:45pm · World Trade & Convention Center

Order tickets online at [www.nutcrackerluncheon.ca](http://www.nutcrackerluncheon.ca) or call Cyndi at 902.405.3068

Tickets	- \$75 each
Seniors ticket price	- \$60
Table	- \$750
Honour Guard Table	- \$1250



SYMPHONY  
NOVA SCOTIA





## Don't leave yourself exposed

Facebook, Myspace, and Twitter can be a great way to stay in touch.

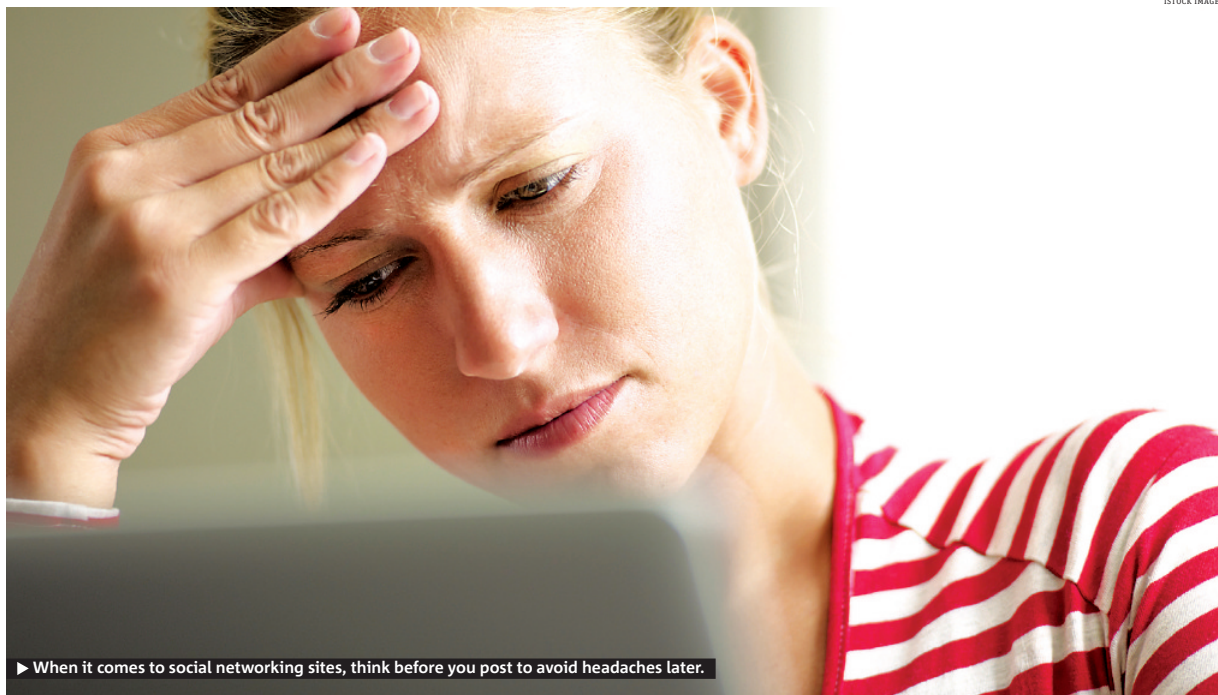
However, if you have an open profile on any social networking site, it's a good idea to go into the privacy settings and mark it "closed" — that way only the friends on your list can see the details of your profile.

The privacy settings give you lots of options — you can even limit what different friends see. For example, you can adjust the settings so that only good friends can see everything.

Some websites will even allow you to change the setting on a single picture or photo album that you may not want to share with everyone on your friends list.

Another good idea is making sure your password is strong. Using eight characters or more is recommended, because the more characters you use, the stronger the password will be. **NEWS CANADA**

- ▶ Sure, posting vacation snapshots or humorous status updates may seem like a good idea, but it could also backfire on you personally and professionally
- ▶ Online mistakes can lead to real-world consequences



▶ When it comes to social networking sites, think before you post to avoid headaches later.

# Do you know who your online friends are?

## Listen to your online instincts to stay safe

Social networking sites such as Facebook and Twitter provide a great conduit for keeping in touch with people you may not otherwise be able to keep in touch with.

They can also be very entertaining (FarmVille, anyone?) and keep you hooked for hours on end.

However, while these sites can be a great tool, it's also important to remember that they are very public and permanent. That's why it's important to make sure you know the people you are adding as "Friends." When online, it's difficult to be 100 per cent sure of people's true identities. If online friends have little or no real-world connection, always use caution. The more real-world connections with an online friend, the more confident you can be in sharing information with that person.

While you can be confident in sharing your vacation photos online with your real-life best friend, you might want to think twice about sending those photos to the friend you met through another friend while chatting online. **NEWS CANADA**

things are set so that only your friends can see what you are posting, word can travel fast.

Someone can always see a questionable post from you and report it to a boss, parent, teacher, spouse or friend.

Before you post anything online — be it a picture, status update, comment or wall post — make sure it's something you are comfortable being associated with. If there is a picture or comment you're unsure about, don't post it.

If you are feeling angry or emotional, you probably shouldn't post it. If there is a picture of you engaging in an inappropriate activity, definitely don't post it.

Make sure that the person you reflect online is the person you want to reflect in the real world.

**NEWS CANADA**

**Your online reputation reflects your real-world reputation. The way you compose yourself online and the things you write or post represent you as a real-world person.**

of a computer screen doesn't mean the post is not associated with you. Even if your privacy set-

Did you know you can be fired from your job for an inappropriate Facebook status, a questionable Myspace photo, or a controversial Tweet?

You may think it can't happen, but it can, and it does. And there are worse repercussions than being fired, too.

That's why it's important to watch what you post online. Your real-life reputation is based on your interactions and the way you compose yourself in real-world, face-to-face circumstances. Just as you have a real-world reputation, you also have an online reputation.

It's easy to think that because of the disconnected nature of the Internet, the things you post online won't harm your real-world reputation. Unfortunately, this is not the case.

Just because you are posting from the comfort

### Online privacy



Jennifer Stoddart, Privacy Commissioner of Canada, offers some helpful advice for online privacy.

- ▶ Stoddart encourages parents to take the time to talk to their kids about privacy and the value of their personal information.
- ▶ Let them know that privacy is a fundamental right in our society, and their personal information should only be collected with their permission, distributed according to their wishes, and used in ways to which they agree.
- ▶ Visit [youthprivacy.ca](http://youthprivacy.ca) for more information

**NEWS CANADA**



For November 19<sup>th</sup>

Gwyneth Paltrow ft. The cast of Glee - Forget you

Bruno Mars - Just The Way You Are

Marianas Trench ft. Jess Lee - Good To You

Fefe Dobson - Stuttering

Katy Perry - Firework

Down With Webster - Whoa Is Me

Eminem ft Lil Wayne - No Love

Ke\$ha - We Are Who We R

Far East Movement ft The Cataracs - Like A G6

1013THEBOUNCE.com



k8@1013thebounce.com



# LEADING THE FIGHT AGAINST VIOLENCE

## TurningPoint

### TERESA KRUZE

TURNINGPOINTMEDIA.CA



The gunshot exploded through the night air, smashing the glass of the sandwich shop and shattering the spine of Louise Russo. She had stopped to get her daughter a late-night snack and now she was lying on the floor bleeding and unable to move.

Months of surgery and therapy followed. She was alive but facing a new world filled with wheelchairs, health issues, a devastated family and the continued care of a special needs child. Through the

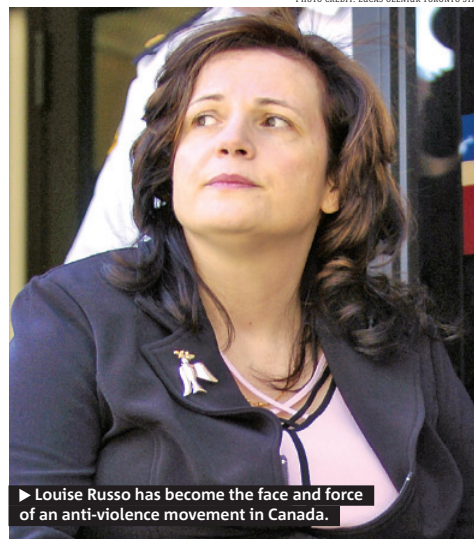
dark days of her despair came a moment of inspiration. "I wanted to turn a horrible tragedy into something positive."

Russo was injured by an underworld hit gone wrong. Since children and youth were her passion, she decided to reach out to

communities torn apart by violent crime.

Since 2006 she has hosted two public walks against violence, talked to over 30,000 students in schools, and created the Louise Russo Youth and Leadership Awards. Her message is clear. "Young people need to believe in themselves and realize their voices do count."

The gentle, shy and unassuming Louise Russo has become the face and force of an anti-violence movement in Canada. Now it's time to help and lend your voice to the cause.



► Louise Russo has become the face and force of an anti-violence movement in Canada.

Applications are being accepted from across Canada for the 2011 Youth and Leadership Awards. They're looking for young

people between the ages of nine and 19 who have shown leadership to reduce violence in their communities.

## Exceptional youth

The Louise Russo Youth and Leadership Awards are open to nine- to 19-year-olds who:

1. Demonstrate respect for others and responsibility to their schools and community.
2. Have been involved in leading a project that made a change in their community or school.
3. Have inspired others to continue with a good works initiative.

Applications can be downloaded from the Louise Russo W.A.V.E. (Working Against Violence Everyday) website: [louiserussowave.ca](http://louiserussowave.ca).

Do you know someone? Is it you? Take a stand against violence with Louise Russo and make it a turning point for you and your community.

## Youth gun violence rising

- Since 2002, youth accused of a gun-related offence has risen 32 per cent.
- Highest rates of overall gun violence in Canada is Vancouver, Winnipeg and Toronto.
- Youth gun violence is highest in Toronto and Saskatoon.

SOURCE: STATS CAN

# Business travellers earn their vacations



► Make sure your business travel credit card is working as hard as you are

- Two-thirds of Canadians can use their business travel points for personal use
- The right credit card can make the most of rewards program

Everybody's working for the weekend — or even better, the week-off.

If you're a small business owner who travels often, make sure your business travel credit card is working as hard as you are.

With the right credit card, the trips that you have to take can help you accumulate points for the trips you want to take.

According to a recent poll by TD Canada Trust, two-thirds of Canadians can use the travel points

they accumulate on business travel for personal use. Here are some tips on how to make the most of your credit card rewards program.

### Accumulating points

Use your business travel credit card for as many business expenses as possible. It may seem simple, but the only way to accumulate points on your card is by using it.

By using your card for most business expenses on a trip, you can avoid travel-

ling with a lot of cash and you will earn more points with each trip.

### Look for ways to double up

Some travel cards offer ways to accumulate double or triple the rewards. For instance, with a TD Business Travel Visa Card, you earn triple the rewards when you book travel on your credit card through the TD Travel Rewards Centre.

### Redeeming points

You've earned your vaca-

tion time and your travel points, so there shouldn't be limitations on how you use them.

Research your travel card to make sure it gives you the flexibility to redeem your travel points for any travel — not just hotel accommodations and flights, but room service, car rentals, airport parking and even taxes.

When you get a chance to travel for leisure, it should be on your own terms, not someone else's.

NEWS CANADA

## You'll know what to do.

Success College graduates are prepared and ready to work. That's the value employers see in our students. Our accelerated learning process allows you to enter the workforce and start earning the income you want sooner. Get your career today.

- Child & Youth Care Worker
- Paralegal Plus Program
- Counselling Skills
- Business Administration Program
- Medical & Dental Administrator

Class begins in January.  
1.800.662.3991  
[ThinkSuccess.ca](http://ThinkSuccess.ca)



**Success College**  
Get Ready.

ROYAL LEPAGE ATLANTIC

ROYAL LEPAGE  
Atlantic  
GO BEYOND

## BUSINESS PROFESSIONALS WANTED

Join the area's leading real estate firm with immediate openings for a serious career-minded and assertive team player to join a dynamic and growing company.

Call Matt to register  
902-222-0730

Attend our  
**CAREER SEMINAR**  
Wed, Nov. 24 at 7pm

Royal LePage Atlantic Offices  
7075 Bayers Rd



# Securing a better future for your kids

- Education can lead to a brighter future, but paying for it can be costly
- Colleges, universities and trade schools can open doors

Did you know that even parents with little or no income can get money from the government to start a post-secondary education savings plan for their child?

Here are four very important things you should know about starting a Registered Education Savings Plan (RESP).

**The earlier you start saving,**

ISTOCK IMAGES



► A few pennies today can add up in the future.

## **the more affordable an education becomes.**

Even a few pennies a day can help create a promising future for your child through the CESG — Canada Education Savings Grant. The federal government has money available for all families. The earlier you start putting money into an RESP, the faster that money will grow.

## **Even families with modest incomes can start an RESP.**

Anyone in Canada can open an RESP for a child regardless of their income. The government could give you between two and four dollars for every \$10 you save in the form of a Canada Education Savings Grant.

## **Your child could also receive the \$500 Canada Learning Bond.**

If you receive the National Child Benefit Supplement

and your child was born after Dec. 31, 2003, the \$500 Canada Learning Bond will be deposited into your child's RESP. The government will give an additional \$100 each year — up to age 15 — as long as your family continues to receive the supplement.

## **How to choose your RESP.**

Be sure to ask your bank or financial institution if they offer the Canada Learning Bond and the Canada Education Savings Grant. They can inform you on how to set up an RESP and about any service charge fees and conditions. Shop around and compare the costs and types of RESPs to find the plan that best suits your needs.

You can get more information about RESPs and a list of questions to ask your bank or financial organization at CanLearn.ca. **NEWS CANADA**



► There are a number of ways to help pay for your degree.

## Lessening your financial worries

Working while in school may be a reality for many post-secondary students. According to an RBC poll, 57 per cent of students plan to support themselves by working during the school year. Furthermore, one quarter of these students say that 75 per cent of their summer earnings will go toward the cost of school.

"Scholarships are a great way to receive some well earned money to help you meet your goals and to allow you to attend the university or college you've always dreamed of," said Patricia Domingo, an investment planner at RBC. It's important that students are aware of the

sources of funding available to them, including:

### **Scholarships**

There are hundreds of scholarships available to students to help pay for school. Research and determine what scholarships you are qualified for and best fit your needs.

### **Government grants and loans**

The federal government student loans and grants are available to students of all different backgrounds and come in a variety of denominations.

### **Bursaries**

Bursaries are available for all students that display financial need. **NEWS CANADA**

**Scotiabank named Contact Centre of the Year, and One of the Best Places to Work in Canada 2010. Join our team as a Customer Service Officer!**

### **Qualifications**

- Ability to multi-task
- Strong team focus
- Proficiency in phone, communication & computer skills

### **Choose Scotiabank**

- Contract part time 27.5 h/wk
- Competitive wages @ \$14.60/h
- Opportunity to work from home



**Scotiabank®**

**Apply online: [scotiabank.com/excellence](http://scotiabank.com/excellence)**

The Scotiabank Group is an equal opportunity employer and welcomes applications from all interested parties. We thank you for your interest, however, only those candidates selected for an interview will be contacted.

**START YOUR CAREER HERE**



# Another year, another letdown

► Huskies' bid for first Vanier Cup appearance since 2007 falls short  
► Five turnovers, 105 yards in costly penalties as Huskies' offence stalls in chilly temperatures



MATTHEW WUEST  
@METRONEWS.CA

For the third straight season, the Saint Mary's Huskies' season has ended one week shy of the Vanier Cup.

The Huskies saw their Canadian Interuniversity Sport football season come to an abrupt end in Saturday's Mitchell Bowl national semifinal, falling 35-8 to the host Calgary Dinos at McMahon Stadium.

In a -16 C chill, the Huskies' offence turned the ball over five times in the first half and didn't get on the board — aside from a single — until just 10 minutes remained.

"We had a great game plan but as soon as we got down by a couple of scores, we had to get away from it," said fifth-year defensive back Neil King. "Both sides of the ball, we played well, we were just put in some (crappy) situations, got into some field trouble, and that's the way it goes."

Huskies starting quarterback Micah Brown was forced to the sidelines in the second quarter with an ankle injury. Before he returned in the second half, Mack Blewett threw three interceptions. Although the Huskies only trailed 8-0 at the half, they piled up 105 penalty yards and the Dinos

**"I've played football for 14 years and this is the most special group of football players I've ever played with. These guys are like family."**

SAINT MARY'S DB NEIL KING

struck twice in the third quarter to grab a 22-1 lead.

"Turnovers and penalties, the two biggest things you can't have happen in bowl games," Huskies head coach Steve Sumarah told The Canadian Press. "We gave them too many opportunities and they're too good a team."

Huskies slotback/returner Jahmeek Taylor had 248 all-purpose yards in his return from a one-game suspension. Tailback Craig Leger scored with 10:01 left on a 37-yard catch-and-run.

Former Huskies star Erik Glavic threw three touchdown passes for the Dinos, including a pair of strikes to game MVP Nathan Coehoorn. "It took us a bit of time to figure out what they were doing," Glavic told the Calgary Herald. "But we figured it out and did what we were supposed to in the second half. We didn't expect to roll them ... they gave us a tough game in the first half."



► Saint Mary's Huskies defensive back Neil King is consoled after his team was defeated by the Calgary Dinos in the Mitchell Bowl in Calgary on Saturday.

## Moose 'have to be more consistent'

The Halifax Mooseheads earned an even split out of a six-game homestand but are far from satisfied with it.

The Mooseheads, who beat the Rouyn-Noranda Huskies 3-2 on Friday and lost 4-2 to the Val-d'Or Foreurs on Saturday, went 3-3 during a three-week stint at the Metro Centre.

"We were hoping to do better on this homestand," said Mooseheads centre Brent Andrews, who was

### Goalie gains

► Rookie goaltender Anthony Terenzio started both games on the weekend in place of veteran Mathieu Corbeil.

the second star on Friday and the third star on Saturday.

"Even though 3-3 is .500, a couple of games got away from us," Andrews cited a Nov. 6

► He has posted a 2.33 goals-against average and a .923 save percentage in three consecutive starts, but was beaten four times on 33 shots in Saturday's 4-2 loss to Val-d'Or.

loss to the Shawinigan Cataractes and Saturday's loss to the Foreurs as games the Mooseheads should have won.

The loss to the Foreurs marked the second time

this season the Mooseheads were unable to convert back-to-back victories into a three-game winning streak.

"We have to be more consistent ... If we can do that, I think the wins will come," Andrews said.

The Mooseheads, 9-16-1, are 15th in the 18-team QMJHL.

They visit the Cape Breton Screaming Eagles on Friday.

► MATTHEW WUEST



► Mooseheads goalie Anthony Terenzio

# 4

sports

### Sports news

#### Joseph Schow

Six-foot-nine fifth-year forward Joseph Schow scored 14 points as the nationally unranked Dalhousie Tigers (3-0) stayed unbeaten with a huge 59-56 win over the second-ranked St. Francis Xavier X-Men in Atlantic University Sport basketball play in Antigonish on Saturday.



#### Nicholas Croft

The rookie defenceman from Fermeuse, N.L., scored the overtime winner as the fifth-place Dalhousie Tigers (6-6) downed the third-place Saint Mary's Huskies (6-4-1) 2-1 in Atlantic University Sport men's hockey action at the Forum on Saturday.



Scan code for more sports



# Grey Cup bound

► Season done for Argos after Als run away with East final

All season long Avon Cobourne felt neglected in the Montreal Alouettes backfield, but when his number was called in the CFL East Division final, he was ready to fly.

Cobourne rushed 17 times for 163 yards and a touchdown and added 53 more yards on passes as the Alouettes rolled to a 48-17 victory over the Toronto Argonauts yesterday afternoon.

The win gave Montreal a chance for a second straight Grey Cup when they face the West Division champion Saskatchewan Roughriders, 20-16 winners over Calgary, in a rematch of the dramatic 2009 game



ALOUETTES

ARGONAUTS

next Sunday in Edmonton. No team has won back-to-back Grey Cup titles since the Argonauts did it in 1996 and 1997.

The offensive explosion came after what has been a quiet season for the Alouettes' excitable, slash-

ing tailback, who was sixth in the league in rushing with 956 yards on 194 carries. Everyone ahead of him got the ball at least 200 times, and Cobourne felt too many of his runs were late in games that were already decided.

"When you worry about things you can't control you tend to be angry, and I was because the numbers weren't there and it's my contract year and I have a family," said Cobourne. "It affected my game because I probably would have played better."

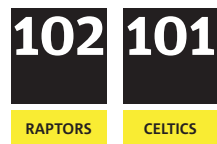
"But that's in the past. Now we're playing for the Cup and another ring."

THE CANADIAN PRESS



► Montreal's Avon Cobourne crosses the goal line for a third-quarter touchdown.

## Young Raps edge out veteran Celtics



RAPTORS

CELTICS

A young struggling team playing a couple of men down in the wake of a major trade, facing a squad of seasoned veterans: The excuses were practically pre-scripted for the Toronto Raptors.

But in the end, the Raptors didn't need them.

Andrea Bargnani scored 29 points and Amir Johnson connected on a pair of free throws with under three seconds on the clock yesterday to give the undermanned Raptors a 102-101 victory over the Boston Celtics, ending a string of eight straight losses against the star-studded Celtics.

"Our guys played real gutsy, we didn't give them anything real easy," said Raptors coach Jay Triano. "I just thought to a man, we made them work for everything. This is a (Celtics) team that has 96,000 points between them. We're sitting there with 12,000. They're a veteran team. But our guys competed."

Johnson finished with 17 points and 11 rebounds, Sonny Weems had 16, and Leandro Barbosa added 12 for Toronto. **THE CANADIAN PRESS**

**2011 FOCUS SE SPORT**  
INCLUDING 0% UP TO 60 MONTHS

- NO CHARGE Sport Package
- NO CHARGE Heated Seats
- NO CHARGE Driver's Group with Sync

**Plus: N/C Winter Safety Package:**  
Winter Tires, Rims, Tire Pressure Monitor System

**RIGHT HERE RIGHT NOW EVENT**

LIMITED TIME OFFER: MENTION THIS AD AND RECEIVE \$300 MIC MAC MALL GIFT CARD with purchase of new vehicle

OUR CUSTOMERS ARE #1 *Since 1948*

**FAIRLEY & STEVENS**  
580 WINDMILL RD., DARTMOUTH  
www.fairleyandstevens.com **466-FORD(3673)**

Let Ford Recycle Your Ride  
UP TO \$3,300 IN REBATES

## Winner and losers around the NFL



### Game results

Aaron Rodgers threw for 301 yards, besting Brett Favre and Minnesota for the second time this season and sending the Green Bay Packers to a 31-3 victory over the skidding Vikings.



Pittsburgh's James Harrison-led defence drove Jason Campbell from the game, caused two turnovers that Ben Roethlisberger turned into touchdown passes, and the Steelers routed the Oakland Raiders 35-3.



Tom Brady barely outduelled Peyton Manning in their annual meeting, leading the New England Patriots past the Indianapolis Colts 31-28.

### Impact on the standings

The Packers (7-3) kept pace in the NFC North race with the Chicago Bears (7-3) and ruined any realistic hope the Vikings (3-7) had left to give Favre another playoff run.

Pittsburgh remained tied for the AFC North lead with Baltimore (7-3). Oakland (5-5) fell out of a tie for the AFC West lead when the Chiefs beat Arizona.

New England is tied with the Jets atop the AFC East. Indianapolis (6-4) leads the AFC South.

THE ASSOCIATED PRESS

## How the West was won: With an upset

The Saskatchewan Roughriders are going back to the Grey Cup with an opportunity to exorcise the ghosts of last year's debacle in the CFL championship game.

The Roughriders downed the Calgary Stampeders 20-16 in a frigid West final yesterday at McMahon Stadium. They earned a rematch with the Alouettes, who won the East final 48-17 earlier yesterday over the visiting Toronto Argonauts. Saskatchewan and Montreal meet next Sunday in Edmonton for the CFL's championship trophy.

Leading 27-25 in the final minute of last year's Grey Cup in Calgary, the Roughriders began celebrating a title when Alouettes kicker Damon Duval missed a 43-yard field goal attempt with no time remaining.

But Saskatchewan was called for too many men on the field on that kick and Duval made good on his second chance from 33 yards for the 28-27 win.

The Roughriders will be



RIDERS

STAMPEDERS

reminded of that heartbreak in the days leading up to this year's Grey Cup, but last night they celebrated an upset over the team that posted the best record in the CFL at 13-5.

"The way last year's Grey Cup ended, the script couldn't have been written any better," said Roughriders quarterback Darian Durant. "It's always been in the back of our minds. We know to get back to the Grey Cup would be tough and it was. There were a lot of slumps, up and downs, and we're looking forward to the rematch."

THE CANADIAN PRESS



► Saskatchewan Roughriders Weston Dressler, top, and Jason Clermont celebrate winning the CFL Western Final.



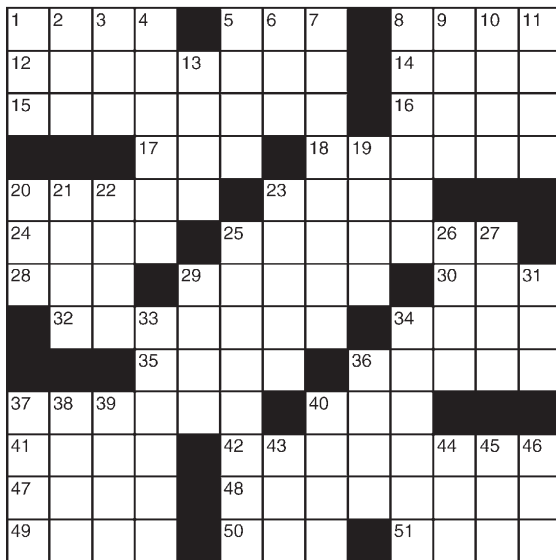
## Crossword

### Across

- 1 Initial stake  
5 Mandible  
8 Jog  
12 Take extra precautions  
14 Inauguration recitation  
15 Used by all  
16 "Do — others..."  
17 Tokyo's old name  
18 Abductor  
20 Thread recommended by dentists  
23 Dullard  
24 Allergic reaction  
25 Remark  
28 Lubricant  
29 Fugard's "A Lesson From —"  
30 Aah's partner  
32 Order  
34 FDR is pictured on it  
35 Roof overhang  
36 Bowler hat  
37 Graduates  
40 Conger, for one  
41 "The Bible Tells —"  
42 Subway passenger, often  
47 State with certainty  
48 Citric quencher  
49 Neat  
50 Historic time  
51 Business VIP

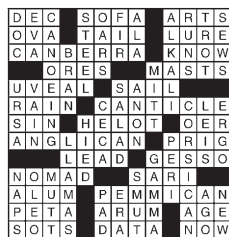
### Down

- 1 Joan of —  
2 Ultramodern (Pref.)  
3 "Tiny" Dickens lad  
4 Become interwoven  
5 2007 Ellen Page movie

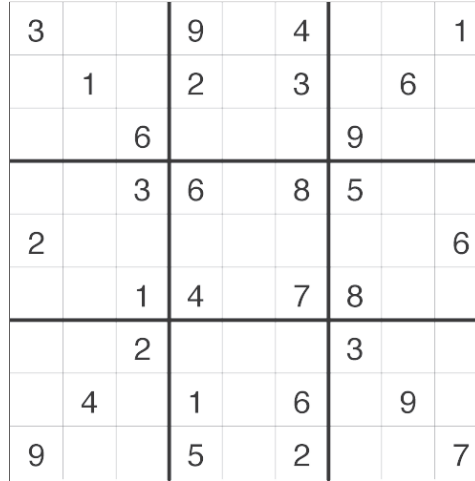


- 6 Altar constellation  
7 Greeted  
8 Hairpiece  
9 Carry on  
10 "Beetle Bailey" dog  
11 Norse thunder god  
13 Lather  
19 Venus de Milo's lack  
20 To and —  
21 Secular  
22 Scandinavian city  
23 Frontiersman  
Daniel  
25 Collarbone  
26 Black (Fr.)  
27 Mausoleum  
29 — for All Seasons"  
31 Attention getter  
33 "Cats" showstopper  
34 "Clair —"  
36 Showroom sample  
37 He loves (Lat.)  
38 Jeans pioneer  
Strauss  
39 Secondhand  
40 Actress Thompson  
43 "— the ramparts..."  
44 April 15 payment  
45 Netherlands city  
46 Fun and games

### ► Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►



## Send a KISS

Show some love! Send a note to somebody special at [kiss@metronews.ca](mailto:kiss@metronews.ca)

*I puff iloveu baby I might not be the best at expressing my love towards you but babe ilu more then anythg. Muahh <3 YOURS && ONLY YOURS BULBUL (.*

*To my lovely wife, happy second wedding anniversary. We are on our way to growing old together. LOVE ALWAYS. PAUL.*

*Hello, Diva!!! I'm so glad You came to visit Family in Hungary. You are such a nice person to be with and we love You so much.*

GRANDMA AGNES

*Sadiki, I honestly did not know what love is until you came into my life. Each and every day i love you more and more. I miss you more than anything and am counting the months until we can be together forever. Love you forever and always 143 LOVE LIZ*

## Today's horoscope

**♈ Aries** March 21-April 20 This is a marvelous time for travel and anything to do with expanding your horizons, both mentally and physically.

**♉ Taurus** April 21-May The Sun moves into the area of the heavens that governs investments and anything else that has a bearing on your material wealth today. Whatever your financial ills may be they will get better very soon.

**♊ Gemini** May 22-June 21 You have come in for some criticism of late and although not all of it was deserved you know that some of it was. So, have you learned from your mistakes? Of course you have — learning is what Gemini does best.

**♋ Cancer** June 22-July 22 The past few weeks have seen you at your most confident and dynamic but the Sun's change of signs today will bring back one or two minor doubts. But that's all they are — minor — so don't dwell on them.

**♌ Leo** July 23-Aug. 23 You have so much confidence in yourself that there is just no way you will not be able to reach your goals. Anything is possible for you over the next four weeks.

**♍ Virgo** Aug. 24-Sept. 22 The Sun's entry into one of the more sensitive areas of your chart may make you a bit distrustful of people you don't know very well but don't take it to extremes.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

**♎ Libra** Sept. 23-Oct. 23 Why are you dwelling on past mistakes when you should be thinking ahead to all the wonderful opportunities that will soon be coming to you?

**♏ Scorpio** Oct. 24-Nov. 22 The Sun moves out of your birth sign today and into the area of the sky that governs what you own and earn, which means it is time to turn your attention to matters of a worldly nature.

**♐ Sagittarius** Nov. 23-Dec. 21 A new solar year begins for you today and your first task is to decide what you intend to do with it. You must have a plan, even if it is only a vague outline of the path you hope to be taking.

**♑ Capricorn** Dec. 22-Jan. 20 You will be asking yourself some deep questions today, questions of the "what must I do with my life?" variety. Don't rush the answers — they will only come when the time is right.

**♒ Aquarius** Jan. 21-Feb. 18 You've been a bit pushy of late, and that's okay because it was the only way to get things done, but now you must take a more relaxed attitude to relationships.

**♓ Pisces** Feb. 19-March 20 Your voice will carry a lot more authority now that the Sun is crossing the midheaven angle of your chart. So what will you get people to do for you? **SALLY BROMPTON**

## Caption contest



"I bought too much gum"  
ANDREW S.

**WIN! You write it!**  
Write a funny caption for the image to the right and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.



**find us** **follow us**  
**f** **friend us**

We're all over your city in more ways than one. Metro brings you breaking news and great reviews.

**metro**

Feel like everyone's looking at you?  
They are. But don't worry. It's only because they want your Metro.

**FLIGHT CENTRE** *Unbeatable*

**St Andrews by-the-Sea**  
Valentine's Day Weekend, 2 Nights

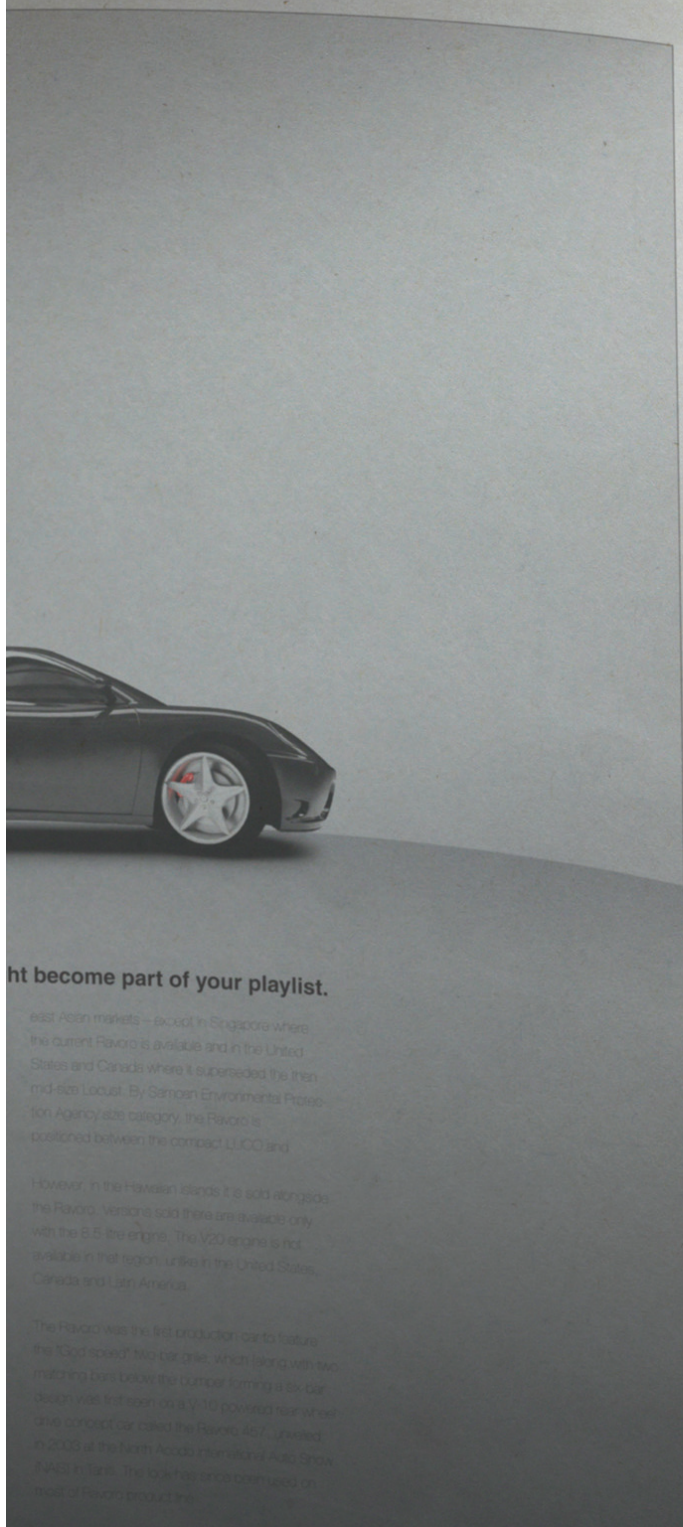
**\$159**  
from taxes & fees included

**INCLUDES** 2 nights Fairmont accom in the picturesque resort town of St Andrews by-the-Sea.

**1 866 967 5402 | flightcentre.ca**

Conditions apply. Ex. Halifax. Hotel price is per person, based on double occupancy for total length of stay. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.





The Honda was the first production car to feature the "Cood speed" two-car drive, which being with a matching bar below the bumper forming a six-car design was first seen on a 1910 powered car when a concept car called the Revere 457, unveiled in 2002 at the North Atlantic International Auto Show in Miami, Florida. The bar has since been used on a result of Revere production.

# th sharing.